STOP-BANG OSA SCREENING



Yes	No	Snoring?
0	0	Do you snore loudly (loud enough to be heard
		through closed doors or your bed partner elbows
		you for snoring at night)?
Yes	No	Tired?
0	0	Do you often feel tired, fatigued, or sleepy during the
		daytime (such as falling asleep during driving)?
Yes	No	Observed?
0	0	Has anyone observed you stop breathing or choking/
		gasping during your sleep?
Yes	No	Pressure?
0	0	Do you have or are being treated for high blood
		pressure?
Yes	No	
0	0	Body mass index more than 35 kg/m ² ?
Yes	No	
0	0	Age older than 50 years?
		Neck size large? (measured around Adam's
		apple)
Yes	No	For male, is your shirt collar 17 inches or larger?
0	0	For female, is your shirt collar 16 inches or larger?
Yes	No	
0	0	Sex = male?

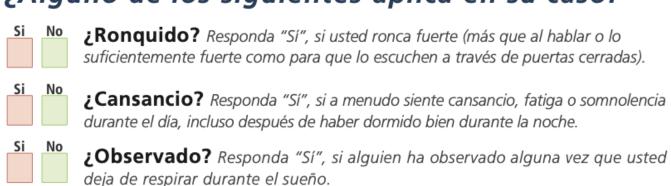
SCORING INSTRUCTIONS

General Population

Yes to 0-2 questions = Low risk	If Male sex		
1	Yes to 2 of 4 STOP questions = High risk		
Yes to 3-4 questions = Intermediate risk			
Yes to 5-8 questions = High risk	If neck circumference > 17" in male > 16" in female		
	Yes to 2 of 4 STOP questions = High risk		

If Male sex

¿Alguno de los siguientes aplica en su caso?



Si	No	¿Presión? Responda "Sí", si usted padece o está en tratamiento por presión arterial alta.
		arterial alta.

Si	No	¿Índice de masa corporal mayor a 35? Responda "Sí", si su peso
		comparado con su estatura es mayor a lo que se muestra en las tablas siguientes:

Altura	Peso (libras)						
4'10"	167	5'3"	197	5'8"	230	6'1"	265
4'11"	173	5'4"	204	5'9"	237	6'2"	272
5'	179	5'5"	210	5'10"	243	6'3"	279
5'1"	185	5'6"	216	5'11"	250	6'4"	287
5'2"	191	5'7"	223	6"	258	6′5″	295

¿Mayor de 50 años? Responda "Sí", si usted tiene más de 50 años de edad.

¿Su cuello es grande? Responda "Sí", si la circunferencia de su cuello es mayor de 40.005 centímetros.

¿Género masculino? Responda "Sí", si usted es varón.