

## WHAT IS TRAZODONE?

Trazodone is prescribed by your physician for the treatment of major depressive disorder in adults age 18 and older. This is considered an “antidepressant” and works by increasing the activity of serotonin in the brain to boost your interest in daily activities and help improve your appetite, anxiety, and insomnia related to depression.

## BEFORE YOU TAKE TRAZODONE:

When first starting an antidepressant, it is important to have conversations about your health with your healthcare provider in order to choose the best medication for you. Be sure to discuss the following with your healthcare provider:

- other medical problems (personal and family history)
- medications that you are currently taking
- allergies
- current drug and alcohol use
- if you are pregnant or breastfeeding

## WHILE YOU TAKE TRAZODONE:

When first taking an antidepressant medication, some people may experience suicidal thoughts. You, your family, and physician should monitor for changes in your mood or symptoms and make appropriate adjustments to your medications as necessary.

| IF YOU MISS A DOSE:  | IF YOU TAKE TOO MUCH:  |
|--|--|
| <ul style="list-style-type: none"><li>- Take the medication as soon as you can, but skip the dose if it is almost time for your next dose. Do not take two doses at one time</li></ul> | <ul style="list-style-type: none"><li>- Seek emergency medical attention</li><li>- Call Poison Control Helpline: 1800-222-1222</li></ul> |

## SEROTONIN SYNDROME:

The risk of serotonin syndrome increases if you are taking other drugs that also increase the levels of serotonin. It is important to understand the symptoms and seek medical attention as soon as possible.

| Mild            | Moderate                   | Severe                    |
|-----------------|----------------------------|---------------------------|
| Nervousness     | Hyperreflexia              | Fever >38.5°C/101.3°F     |
| Insomnia        | Sweating                   | Confusion/delirium        |
| Nausea/diarrhea | Agitation/restlessness     | Sustained clonus/rigidity |
| Tremor          | Inducible clonus           | Rhabdomyolysis            |
| Big pupils      | Side-to-side eye movements | Death                     |