

# EXENATIDE (BYETTA®)

## WHAT IS EXENATIDE?

**Exenatide** is an injectable drug that reduces the level of sugar (glucose) in the blood. It is typically used for treating type 2 diabetes. **Exenatide can also contribute to weight loss for some patients.** The reasons Exenatide is thought to cause weight loss include decreased food intake and increased feelings of fullness.

## EXENATIDE FOR WEIGHT LOSS

Exenatide is a helpful tool in the fight against excess weight. It can help you feel more in control of your appetite and can increase your satiety, which means that when you eat you will feel full sooner.

However, it is not a “magic pill.” **It is important to remember that it is only a tool, and will work best if you also make healthy lifestyle changes, such as modifying your diet and increasing your activity level.** If you take exenatide and do not make lifestyle changes, you may lose some weight, but most likely your weight loss will plateau before you reach your goal, and with time you will regain the weight you have lost.



## INSTRUCTIONS FOR USING EXENATIDE

Your healthcare provider will help you learn how to inject Exenatide before you use it for the first time.

- Inject your dose of Exenatide under the skin (subcutaneous injection) of your upper leg (thigh), stomach area (abdomen), or upper arm as instructed by your healthcare provider. **Do not inject into a vein or muscle.**
- **Do not share your BYETTA Pen with other people, even if the needle has been changed.** You may give other people a serious infection, or get a serious infection from them.

## COMMON SIDE EFFECTS OF EXENATIDE

- Nausea (more common with higher doses and decreases over time)
- Diarrhea
- Headache
- Nervousness
- Low blood sugar

Tell your doctor if these symptoms persist or worsen.

