

Volunteer Position Description

This form should be used by SSCHC staff to request volunteers, assist with recruitment and successful match, and inform volunteers of their duties.

Position Title: SEEDS Co-Facilitator

Department: Behavioral Health

Direct Site Supervisor: Melissa Waldo, LCSW

Location: Chavez: 1032 S Cesar Chavez Dr

Number of Volunteers Requested: 1

Would you like to interview candidate yourself? Yes No

Can this position be filled by Service Learning Students? Yes No

Service Learning students typically commit to 10-30 hours over one semester (approximately 4 months).

Purpose for Volunteer Assignment: Volunteer will co-facilitate weekly sessions of the SEEDS program.

SEEDS is an emotional treatment group offered weekly to teenage girls between the ages of 13 and 16. Its objective is to heighten awareness of issues affecting personal growth and development and to build and expand on social and emotional skills to achieve healthy and successful outcomes.

Goals:

- To increase high school graduation rates
- To decrease teen pregnancy rate
- To decrease depression and anxiety symptoms
- To decrease alcohol and drug use
- To increase self-esteem, personal responsibility, leadership skills, empowerment, and empathy

Benefits to the volunteer: Volunteer will gain experience in facilitating groups. Volunteer will learn more about working with adolescent populations and with individuals who have behavioral health needs.

(days of the week, specific dates, times)

Time Commitment: One time _____
 Specific time period SEEDS sessions are Monday evenings, 5:30 – 7:30 PM for 16 weeks/4 months (ideal candidate available 5:00 – 7:30 PM Mondays). The next session is scheduled to begin on Monday, September 18th, although ideal candidate would be available for a few additional dates to assist with orientation to the program, etc.

Special Project _____
 Ongoing opportunity _____

Client/patient population volunteer will serve (if applicable): SEEDS participants are ages 13 – 16 and have a DSM-5 diagnosis (Adjustment Disorders, Depression and Bipolar Disorders, or Anxiety Disorders). Priority is given to current patients of SSCHC.

Duties of volunteer: Volunteer will co-facilitate weekly sessions of SEEDS.

All volunteers: a PPD (TB) test is required at no cost. In addition, if volunteer will have direct patient contact, volunteer must provide proof of MMR, TDap, and varicella vaccinations.

Will volunteer have direct patient contact and require vaccine documentation? Yes No

Qualifications required or preferred: (software, physical activity, Spanish fluency)

Align with the SSCHC mission. Bilingual (English/Spanish) preferred. Knowledge of or background in mental health a plus. Group facilitation experience preferred.

Training provided to volunteer: (name or type of training(s) required for this role and name of staff who will conduct training(s))

Volunteer will complete a 1-hour Human Resources Volunteer Orientation. Volunteer will receive training on relevant tasks by Bilingual Psychotherapist and SEEDS Director.

Is a background check required for this position? Yes No

If Yes, why? Working with children Other; please state reason _____

Prepared By: Melissa Waldo/Kate Jaeger

Date: 8/4/2017

I agree that I have read, understand, and agree to carry out the above SSCHC Volunteer Position.

Volunteer Signature: _____ Date: _____

I agree to provide the training listed above and to ensure the volunteer is prepared to carry out his/her role. I agree to provide ongoing or updated training as needed.

Staff Signature: _____ Date: _____

For office use only:

Volunteer needs: Key E-mail set-up Computer access (list programs)
 ID badge Other _____