What a great year we’ve had at Sixteenth Street!
I’m excited for you to dive into the many ways our staff works — both inside and outside the clinic walls — to create a healthy future for our children and our community. While population health and social determinants have become buzzwords we now hear routinely, the understanding of the impact of where one lives, learns, works and plays on one’s health has been woven into the tapestry of our care delivery since we opened our doors nearly 50 years ago. And our focus on the link between poverty and the ability to be healthy stems from that philosophy.

Nearly half of all children in Milwaukee live in poverty, putting them at greater risk of not only serious health problems, but also school failure, teen pregnancy, lower earnings and, ultimately, shortened life expectancy. Through a focus on the social determinants of health and meeting children where they are, we are able to address these root causes of health inequity and work towards systemic changes to affect individuals for generations to come. I hope these stories shine light on the hard work our dedicated staff does every day to help our patients and our community live well and stay well.

A special thank you to our board of directors, dedicated staff and the many community partners, charitable donors and foundations who make our work possible. Alone we make a difference – but together we create lasting change.

With gratitude and appreciation!

Dr. Julie Schuller, MD, MPH, MBA, FACP
President and CEO
81.5% of Sixteenth Street moms entered into prenatal care within the first trimester

94.6% of Sixteenth Street babies were born at a healthy birth weight

Not only do Sixteenth Street women get into early and regular prenatal care with our Certified Nurse Midwives – they are welcomed with open arms by our Women’s Wellness team. Teresita, Prenatal Care Coordinator (PCC), says the real difference lies in the combination of education and support that is integral to the team’s approach. “Education during pregnancy is so important. When moms have the information they need and understand why things are important, meaning benefits for both mom and baby, they really take ownership and form good habits.” During their first trimester, soon-to-be moms are invited to participate in classes. Concepts are reinforced during the second trimester, and by the third trimester our PCCs have built a strong relationship and trust with the patient. This creates a supportive, safe space for delivery and postpartum.

“Our moms have success because we create relationships and build trust,” says Teresita. “When you are calling the hospital, helping with appointments, going to their house – by the time delivery happens, they already know you and feel confident that what you are doing and recommending is good for them and good for their family.”

Case managers visit the home of every new baby, which helps them truly understand the environment, family interactions and problems so they can facilitate specific solutions or support. During these visits, moms can get help with breastfeeding, parenting tactics, resource support, tips for coping and more. Each mom is different and the services we provide are tailored to her needs.

“Our work contributes to better outcomes because our moms feel supported, safe and comfortable. They are less stressed and more open to learning and doing what’s good for them and their baby. When we hear moms tell us they felt that way – that’s when we really know what we’re doing is important.”

– Teresita
Prenatal Care Coordinator
JUAN GIVES BACK –
Patient turned employee

“I grew up on the South-side and was a long-time patient of Sixteenth Street. It was just one location back then. I always thought having the clinic right in our neighborhood was convenient and made things easy. Every time we went to the clinic everyone was so kind and friendly. We all have our stuff going on at home and it’s nice to come to a building where people treat you like that – to be shown that kindness once in a while.

About 6 months ago, I found my way back to the clinic, but this time as an employee. I thought it was a great opportunity. It was exciting to be back at Sixteenth Street, seeing familiar faces and being able to give back that same service I received years ago. I’ll always make the effort to be kind to patients and the community because I know how important it was for me to receive it. Even with a different perspective, I can still feel how Sixteenth Street has a special family-oriented environment, for its employees and its patients. Everybody is close. Everybody is helping each other. Like a strong family – it warms my heart.”

– Juan Zavala, Security Officer

KATE – FAMILY VALUES AND QUALITY CARE

At Sixteenth Street we practice what we preach! It’s not uncommon to find employees who are, in fact, also patients of the clinic because they trust the clinic with the care of their loved ones. Kate Jaeger, Recruitment and Volunteer Manager, depends on the clinic for the medical care of her son Ellington. She finds comfort and trust in the providers and the values Sixteenth Street stands for.

“I encourage similar values in my family to those Sixteenth Street represents – caring for every part of every person and investing in the broader community. My son receives care here for the same reason I work here – we respect the mission, the staff is fantastic and the quality is great!”

– Kate Jaeger, Recruitment and Volunteer Manager
Students who are mentally healthy are more likely to go to school ready to learn, participate in school activities, have supportive social connections, use appropriate problem-solving skills, are not aggressive, and add to an overall positive school culture. Because children and young adults spend the majority of their time in school, school-based mental health programs play an increasingly critical role in providing a safe, non-stigmatizing, trusted environment in which students have access to prevention, early intervention, and treatment.

Sixteenth Street has embarked on this path because we also realize that in our community, embedding behavioral health services in school breaks down barriers that often impact a parent’s ability to get needed care for their child such as transportation, ability to leave work, day care for other children, and more. It creates a clear and simple path to help and resolution. This past year, Maria Guardiola, Sixteenth Street Psychotherapist, provided in-school behavioral health services to St. Anthony students, and our presence within other schools will follow shortly as we continue to spread our footprint of meeting our patients where they are – delivering the right care at the right time in the right place.

Kids with uncontrolled asthma don’t get to be kids. They aren’t active. They often isolate themselves. You’ll hear them say to their friends, “I can’t do that,” or “I can’t play like that.” It’s hard to sleep. Hard to concentrate. They miss school. Sixteenth Street’s Chronic Conditions Health Education Department wants our kids with asthma to be kids. To be outside. To play. To say “I can” with friends – despite their asthma.

This goal is achieved through a combination of tactics that include providing medication education to make sure kids and parents know how to use medications properly, and that kids are able to adjust in the moment to be safe, no matter what the activity; developing of an Asthma Action Plan to provide guidance for any environment or care giver to be prepared for an emergency and take individualistic action, and making a home visit to ensure asthma triggers are identified and understood.

Gerardo Jimenez, Certified Asthma Educator, says, “People get used to things they might never have imagined to be a problem for their children’s asthma, like teddy bears, or don’t know how to recognize signs of asthma triggers, like what mold really looks like. It’s easier and more effective when I’m there in the home because I can both seek out those things and provide the education and support that needs to follow.”

Dr. David Waters, Sixteenth Street Pediatrician and patient

Gerardo Jimenez, Sixteenth Street Certified Asthma Educator

» Over 85% of asthma patients have an active prescription for an asthma controller medication
A small group of teenage girls gather once a week with Melissa Waldo, Sixteenth Street Psychotherapist, for their SEEDS (Self-Esteem, Empowerment, Empathy and Discovery of Self) group during which the girls talk about depression, anxiety, bullying, sexuality, body image, self-harm and more. The girls talk through how to better identify and express their emotions in healthy ways and learn they are not alone in their battles.

Their parents meet next door at the same time for their RAICES group. Here, parents or guardians are counseled on those same issues, but through a different lens. They talk about how to identify signs of depression, anxiety and other issues, how to better understand what’s happening and how to address these situations with their daughters in meaningful and empathic ways.

The combination of the two groups ensures that the growth made in the SEEDS group translates into a home environment that can support and nurture that growth.

“I realize that talking to new people isn’t all bad. Many people struggle with similar things and that made me feel better because I’m not the only one.”
– SEEDS participant

“I really liked sharing with the group... and listening to the advice from the facilitator and also from all the experiences of each person.”
– RAICES participant

The Child and Adolescent Day Treatment program is new to Sixteenth Street as of 2018 but has been a needed service for many of our children for years. Our bilingual program is for children and adolescents ages 6 to 18, and offers a coordinated treatment approach in a safe and structured setting. It runs year-round five days per week in both a half and full day program schedule. During the school year, kids can attend the half-day program and still be in school. During the summer, kids can work on developing skills to help them manage the challenges of the next school year.

Every treatment plan is individualized to the child and helps address their specific struggles that are preventing them from living a full, successful childhood.

“We built this program because there was nothing out there that addresses other variables that influence our clients’ lives – like language, culture and economic status... It will not only make a difference in the life of the child and adolescent, but in the lives of their family and community as well,” says William Reyes, PhD, Child and Adolescent Day Treatment Program Coordinator.
Sixteenth Street has been a United Way agency program partner since 1987. That’s 31 years of improving the well-being of Milwaukee’s south side residents and most recently in Waukesha, with the addition of the Alcohol and Other Drug Abuse (AODA) and behavioral health program to combat opioid-related abuse. United Way of Greater Milwaukee & Waukesha County continues to be vital to our programming. In addition to the recent Waukesha County grant, United Way provides support for general operating, care for uninsured patients, and our Great Start Programming. Great Start Programs provides prenatal care, breast feeding support, parenting classes, pediatric case management, car seats and much more!

“Sixteenth Street and the United Way have partnered for decades fighting for the health, education and financial stability of every person in our local community,” said Mary Lou Young, CEO of United Way of Greater Milwaukee & Waukesha County.

Hiking, biking, and canoeing. These are just a few of the activities Sixteenth Street’s Department of Environmental Health (DEH) Summer Camp engages in to connect kids with nature and improve health through fun, outdoor activities in their own community. With a focus on environmental education, DEH staff also help campers understand how their health is impacted by the spaces in which they live.

Summer camp is filled with many “firsts” for the kids – they’ve never canoed, hiked or biked through the parks. This year DEH is taking it a step further and offering a camping trip – something most kids have never experienced. They will get to set up a tent, cook outside and learn other outdoor skills.

All of these hands-on tasks help the kids build relationships with other campers and learn about the environment while being immersed in it – a distinct contrast to their daily concrete, urban life.
Sixteenth Street’s 2018 Health Equity Summit, “ZNA vs DNA: Zip Code and Children’s Health. Busting Myths, Reimagining Solutions,” is a one-of-a-kind event that brought together the biggest names in healthcare, key business and city leaders, and top area funders to spark a community conversation about how poverty impacts health care utilization and to rethink how to break down silos so social services, health care and business organizations can collaborate more effectively to improve the lives and health of children in our community. This year’s sold-out event was the first in a series of Sixteenth Street Health Equity Summits to come.

“Your zip code is actually a better predictor of your health than your genetic code. That fact should lead us all to take action, and that’s why I’m thrilled Sixteenth Street has organized this Summit.”

– Dr. Julie Schuller, President and CEO of Sixteenth Street Community Health Centers

The Celebrity Roast is Sixteenth Street’s signature fundraising event. As 2017’s honoree, Peter Feigin, President of the Milwaukee Bucks, joins a timeless list of our community’s most elite corporate, civic, sport and philanthropic leaders. Over the past 20 years, Sixteenth Street has honored greats such as Mayor Tom Barrett, Marcus Corporation Chairman Steve Marcus, Founder and Managing Partner of Hammes Company Jon Hammes, US Health and Human Services Secretary Tommy Thompson, Commissioner Bud Selig, Governor Jim Doyle and Senator Herb Kohl.
“Bike Day is our annual transformative event where our families and community experience the joy of bicycling, dancing Zumba and eating healthy food. So basic! So great!”

– Dr. David Waters
Sixteenth Street Pediatrician

We would like to thank our board of directors for their strong leadership and continuous support...

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69.5%
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17%
Management and General

3%
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Programs discussed in this annual report are supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award financed with non-governmental sources. The contents are those of the author[s] and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.

2017–18 ANNUAL REPORT

SAFETY

BIKE DAY – Community Health in Motion

NEIGHBORS
FULL RANGE OF SERVICES

MEDICAL SERVICES
- Pediatrics
- Internal Medicine
- Family Practice
- Midwifery
- Women’s Wellness
- Chronic Conditions Health Education

SUPPORT SERVICES
- Social Services
- WIC Nutrition Program
- HIV Services
- Parenting Resource Center
- Healthy Choices
- Environmental Health

BEHAVIORAL HEALTH
- Psychology
- Psychiatry
- Psychotherapy
- Marriage and Family Therapy
- Child and Adolescent Day Treatment

SUBSTANCE USE
- Alcohol and Other Drug Abuse
- Intensive Outpatient Treatment
- Medication Assisted Treatment
Support the work of Sixteenth Street Community Health Centers

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