



## Healthy Choices Volunteer Position Description

Position Title: **Farm to School Volunteer**

Supervisor: **Tatiana Maida**

Location: 1032 S. Cesar Chavez Dr.

Purpose for Volunteer Assignment:

***Support implementation of Healthy Latino Schools Initiative in its different components (kids nutrition/cooking education, gardening, local food procurement, farm visits and other)***

**Duties:** Volunteer will be assigned to one or more of the following activities based on his/her availability and interest.

- Review nutrition curriculum and co-facilitate lessons with a wide variety of ages of students
- Help with set-up and cleaning of work area
- Support with gardening activities (install and/or maintain raised beds, container gardening, pots and both indoor and outdoor gardening spaces)
- Assist with preparation and teaching various cooking activities.
- Assist in classroom management. (Classes can be as large as 25 students)
- Help AmeriCorps members during Farmer Visits to classrooms and field trips to local Milwaukee Farms
- Provide feedback and suggestions for improvement
- Be prepared to assist when requested by the AmeriCorps member

**Qualifications:**

- Being physically active and able to lift up to 30 pounds
- Enjoy working with children and diverse populations
- Have a positive attitude and be willing to learn
- Preferred experience in childcare, education and/or gardening or nutrition education

**Length of commitment:** between 4 and 12 weeks

**Schedule:** Days and times will vary depending on the schedule that is set up with schools.

**Benefits to the volunteer:**

- Increase knowledge about nutrition, healthy cooking and physical activity
- Understand the challenges/successes of children/families when making eating and life style changes
- Understand Latino culture and schools culture in relationship to eating and gardening.

Prepared By: \_\_\_\_\_ Date: \_\_\_\_\_

Signed by Volunteer/Student: \_\_\_\_\_ Date: \_\_\_\_\_